



EQUA171A
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My Checklist!

Don't forget anything!

Your safety and well-being depend on it

On arrival at the hospital

- ✓ I have my social security, identity, and health insurance cards: Yes No
- ✓ I have checked the identity on my wristband and labels is right: Yes No
- ✓ I have given the name of my person of confidence: Yes No
- ✓ I have brought the examination results requested by the doctor: Yes No



Here is my
patient checklist

*If I answer NO to a question, my checklist is not complete, so
I inform my healthcare team*

When meeting with the doctor

- ✓ I know why I will be having an operation or an examination: Yes No
- ✓ I have understood what the doctors and nurses have told me: Yes No
- ✓ I have indicated what medication I am currently taking and have brought my prescriptions for the doctors: Yes No
- ✓ I have indicated what allergies I have: Yes No
- ✓ I have been informed about Advance Medical Directives:
(If **not**, I have read the information in the welcome booklet) Yes No
- ✓ I am aware of the potential risks of my operation or examination and which have been explained to me by the doctors and nurses: Yes No
- ✓ I have indicated if I have been hospitalised abroad in the last 12 months: Yes No
- ✓ I know whether I can eat or drink or NOT, before my operation or examination: Yes No

During hospitalisation

- ✓ I will say if I do not feel well (nausea, vertigo, etc.): Yes No
- ✓ I will say if I have worries (anxieties, etc.), and that I wish to speak with someone: Yes No
- ✓ I will talk to doctors about prevention of deep venous thrombosis, especially if I am confined to my bed: Yes No
- ✓ I will say when I am in pain: Yes No
- ✓ I will say what I don't eat (no meat, etc.): Yes No
- ✓ I will say when I need help with eating: Yes No

On discharge

- ✓ I have my hospital discharge letter signed by the doctor and my prescriptions : Yes No
- ✓ I collect my medication and examination results: Yes No
- ✓ I understand the medication that I will have to take: Yes No
- ✓ I have organised my transport with relatives: Yes No